

ASP3 26-27 (Year 1) Class Schedule

TRIMESTER 1

Orientation September 1-3, 2026

Winter Break: November 23-January 15, 2027

Session 1: September 7-18, 2026

Research Skills	Monday-Thursday	9am-12pm	ONLINE
Herbology	Monday-Thursday	2pm-4:30pm	ONLINE
Clinic	Friday	8am-5pm	ONLINE

Session 2: September 21-October 2, 2026

Ayuryoga	Monday-Thursday	8am-10:30am	ONLINE
Research Skills	TBD	TBD	
Medical Reports	Monday-Thursday	11am-1:30pm	ONLINE
Sanskrit	Tuesday	2pm-4pm	ONLINE
Clinic	Friday	8am-5pm	ONLINE

Session 3: October 5-16, 2026

Medical Reports	Monday-Thursday	9am-11:30am	ONLINE
Research Skills	TBD	TBD	ONLINE
Psychology I	Monday-Thursday	5:00pm-7:00pm	ONLINE
Sanskrit	Tuesday	2pm-4pm	ONLINE
Clinic	Friday	8am-5pm	ONLINE

Session 4: October 19-30, 2026

Pharmacology	Monday-Thursday	9am-11:30am	ONLINE
Research Skills	TBD	TBD	
Psychology I	Monday-Thursday	5:00pm-7:00pm	ONLINE
Sanskrit	Tuesday	2pm-4pm	ONLINE
Clinic	Friday	8am-5pm	ONLINE

Session 5: November 2-20, 2026

Clinic Supervision	Monday-Friday	8am-5pm	
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TRIMESTER 2

Welcome Opening Puja with Dr. Lad: Friday January 15

Session 1: January 18-February 19, 2027

Gurukula Consultations	Monday & Thursday	3:30-6:30pm	Online/SoHum
Gurukula Lecture	Friday	10am-1pm	Charaka Classroom
Herbology	Monday & Thursday	9am-11:30am	Sushruta Classroom
Jyotish II	Tuesday & Wednesday	9am-11:30am	Online
Clinic	Tuesday	2pm-6pm	Clinic-Online
Research Skills	Tuesday/Thursday	TBD	Online
Women's Health	Friday	3pm-5pm	Charaka Classroom

Session 2: February 22-March 26, 2027

Gurukula Consultations	Monday & Thursday	3:30-6:30pm	Online/SoHum
Gurukula Lecture	Friday	10am-1pm	Charaka Classroom
	Monday	8am-12pm	Sushruta Classroom
Ayuryoga	Wednesday	2-5pm	Online
Jyotish II	Tuesday & Wednesday	9am-11:30am	Online
Clinic	Tuesday	1pm-5pm	Clinic/Online
Women's Health	Friday	3pm-5pm	Charaka Classroom

TRIMESTER 3

Session 1: April 5-April 30, 2027

Gurukula Consultations	Monday & Thursday	3:30-6:30pm	Online/SoHum
Gurukula Lecture	Friday	10am-1pm	Charaka Classroom
Ayuryoga	Monday & Thursday	9am-11am OR 2-4pm	Sushruta Classroom
Pharmacology	Tuesday & Wednesday	9am-12pm	ONLINE
Psychology II	Tuesday&Wednesday	2pm-4pm	ONLINE
Women's Health	Friday	3pm-5pm	Charaka Classroom

Session 2: May 3-May 28, 2027

Gurukula Consultations	Monday & Thursday	3:30-6:30pm	Online/SoHum
Research Skills	TBD	TBD	ONLINE
Gurukula Lecture	Friday	10am-1pm	Charaka Classroom
Herbology	Monday & Thursday	9am-11:30am	Sushruta Classroom
Clinic	Tuesday & Wednesday	1pm-5pm	Online
Women's Health	Friday	3pm-5pm	Charaka Classroom

****PLEASE NOTE ALL SCHEDULES ARE SUBJECT TO CHANGE****



**THE AYURVEDIC
INSTITUTE**