

ASP1 26-27 Class Schedule

TRIMESTER 1

Orientation September 1-3, 2026

Winter Break: November 23-January 15, 2027

Session 1: September 7-18, 2026

Foundations of Ayurveda	Monday-Thursday	8am-9:30am	Caraka classroom
Ahara Cikitsā	Monday, Wednesday, Thursday	10am-12:30pm	Caraka classroom
Vihāra Cikitsā	Friday	3pm-5:30pm	Caraka classroom
Ayuryoga	Monday-Thursday	2pm-4:30pm	Caraka classroom
Anatomy & Physiology	Tuesday	10am-1pm	Caraka classroom
Samskrta	Friday	8am-11am	Caraka classroom
	Friday	11:30am-1:30pm	Caraka classroom

Session 2: September 21-October 2, 2026

Foundations of Ayurveda	Monday-Thursday	8am-9:30am	Caraka classroom
Ahara Cikitsā	Monday, Wednesday, Thursday	10am-12:30pm	Caraka classroom
Becoming A Clinician	Friday	3pm-5:30pm	Caraka classroom
Ayuryoga	Monday-Thursday	2pm-4:30pm	Caraka classroom
Anatomy & Physiology	Tuesday	10am-1pm	Caraka classroom
Samskrta	Friday	8am-11am	Caraka classroom
	Friday	11:30am-1:30pm	Caraka classroom

Session 3: October 5-16, 2026

Foundations of Ayurveda	Monday-Thursday	8am-9:30am	Sushruta Classroom
Becoming A Clinician	Monday-Thursday	2pm-4:30pm	Sushruta Classroom
Anatomy & Physiology	Friday	8am-11am	Sushruta Classroom
Samskrta	Friday	11:30am-1:30pm	Sushruta Classroom
Ayuryoga	Tuesday	10am-1pm	Sushruta Classroom

Session 4: October 19-30, 2026

Foundations of Ayurveda	Monday-Thursday	8am-9:30am	Sushruta Classroom
Yogic Philosophy	Monday-Thursday	10am-12:30pm	Sushruta Classroom
Anatomy & Physiology	Friday	8am-11am	Sushruta
Samskrta	Friday	11:30am-1:30pm	Sushruta

Session 5: November 2-20, 2026

Becoming A Clinician & Clinic Observation	Monday-Friday	8am-5pm	Clinic/Online
Business & Ethics	Monday-Friday	TBD	TBD

TRIMESTER 2

Welcome Opening Puja with Dr. Lad: Friday January 15

Session 1: January 18-February 19, 2027

Introduction to Yogic Philosophy	Monday & Wednesday	8am-9:30am	Charaka Classroom
Foundations of Ayurveda	Monday-Thursday	10am-1pm	Charaka Classroom
Becoming A Clinician	Monday & Wednesday	2pm-4:30pm	Sushruta Classroom
Ayuryoga	Tuesday	2pm-6pm	Sushruta Classroom
Samskrta	Friday	8am-10:30am	Sushruta Classroom

Session 2: February 22-March 26, 2027

Foundations of Ayurveda	Monday-Thursday	10am-1pm	Caraka classroom
Anatomy & Physiology	Monday & Wednesday	3:00pm-6:00pm	Sushruta classroom
Becoming a Clinician	Tuesday & Thursday	8:00am-9:30am	Caraka classroom
Samskrta	Friday	8am-10:30am	Sushruta classroom
Becoming a Clinician: Clinic Observation*	Friday	1pm-5pm	Clinic/Online

TRIMESTER 3

Session 1: April 5-April 30, 2027

Foundations of Ayurveda	Monday-Thursday	10am-1pm	Caraka classroom
Anatomy & Physiology	Monday & Wednesday	3:00pm-6:00pm	Sushruta classroom
Becoming a Clinician	Tuesday	8:00am-9:30am	Caraka classroom
Introduction to Yogic Philosophy	Wednesday&Thursday	8am-9:30am	Caraka classroom
Samskrta	Tuesday & Thursday	3:00pm-5:30pm	Sushruta classroom
Clinic	Friday	8am-6pm	Clinic/Online

Session 2: May 3-May 28, 2027

Foundations of Ayurveda	Monday-Thursday	10am-1pm	Charaka Classroom
Becoming a Clinician	Monday	2pm-5pm	Charaka Classroom
Ayuryoga	Tuesday	2pm-6pm	Sushruta classroom
Introduction to Yogic Philosophy	Tuesday & Thursday	8am-9:30am	Charaka Classroom
Clinic	Friday	8am-6pm	Clinic/Online

PLEASE NOTE ALL SCHEDULES ARE SUBJECT TO CHANGE WITH NO NOTICE

Oral Exams June 1-9, 2027

Graduation: June 10, 2027



THE **AYURVEDIC**
INSTITUTE